CHECK YOUR BENEFICIARIES

Your beneficiary is the person or people you choose to receive your plan benefits if you die.

Keep your beneficiary information up to date — especially when you experience a life event such as marriage, birth, divorce or death of a dependent.

If you're designating a trust as your beneficiary, you'll need the name and description of the trust, trustee's contact information, date created and tax ID number.

Life Insurance with MetLife

Log in or register at **metlife.com/mybenefits.** If you would prefer to designate your beneficiary by mail, visit **metlife.com/mybenefits,** click on *"Forms"* and then *"Life Insurance."* Download, print and complete the *Group Term Life Insurance Beneficiary Designation-LSC Form* and mail it to the address provided.

Or call MetLife at **1-888-447-8996,** M - F, 7 a.m. – 10 p.m. CT for assistance.

LSC Savings Plan – 401(k)

Log in to **empower-retirement.com/participant** and choose *"LSC Savings Plan"* from the Account List. Click *"Beneficiaries"* under the Account Information section.

Or call **1-844-243-4773,** M - F, 7 a.m. – 9 p.m. CT.

NOTE: If you have questions about benefits eligibility, please contact the LSC Benefits Center at **1-888-681-2241.**

Health Savings Account (HSA)

Log in at **healthequity.com.** To designate beneficiaries electronically, click *"My Account"* and then *"Add/Edit Beneficiaries."* To submit your beneficiaries by mail, click *"Docs & Forms"* and then *"Beneficiary Designation Form."* Instructions are included in the document.

Or call **1-844-281-0928** for a beneficiary designation form and to discuss the potential tax treatment.

MetLife Critical Illness/Accident Insurance

Log in at **metlife.com/mybenefits.** Go to the benefit (Critical Illness and/or Accident) and select *"Update Beneficiaries"* from the "I want to" drop-down box. Follow the instructions. To download a form to complete and mail, click *"Forms"* and then *"Beneficiary Change Form."*

Or call **1-888-447-8996,** M - F, 7 a.m. – 10 p.m. CT.

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